



C O S T
 Customise | Optimise | Survive | Thrive

The Critical Care Society of Southern Africa

South African Society for Paediatric and Neonatal Intensive Care

#CritCareCT19

Critical Care National Congress
 28 Aug – 1 Sept 2019
 Century City Conference Centre, Cape Town

Pre-congress workshops on Wednesday, 28 August include:

- Haemodynamics
- Delirium
- Ventilation
- Clinical Nutrition Workshop

Congress topics include:

- Sepsis in low to middle income countries – How can we do better?
- Haemodynamic optimisation – where are we now?
- Ventilation – let's create survivors and not victims
- Rehabilitation – survive and thrive
- Nutrition – customise and optimise
- Critical care – at what cost?
- Individualising ICU nutrition, can we do this?
- Energy requirements in the ICU and why we are usually wrong
- High protein without concern
- Nutrition in the post-ICU recovery phase

International faculty include:

- Flavia Machado (Brazil)
- Sue Berney (Australia)
- Brian Kavanagh (Canada)
- Olav Rooyackers (Sweden)
- Stijn Blot (Belgium)
- Emma Ridley (Australia)
- Christian Eckmann (Germany)
- Jack Thomas (Germany)
- Haney Mallamat (USA)

SASPEN LLL

- **Wednesday 28 August 2019 Nutrition support in liver and pancreatic disease**
 - Anna-Lena du Toit & Madeleine Coetzee

- **Thursday 29 August 2019 ICU Nutrition and Problem Solving**
 - Prof Renee Blaauw & Prof Ivan Joubert

Practical Aspects of Enteral Nutrition Support

Wednesday 28 August 2019

Enteral Nutrition Access Routes

– Dr Galya Chinnery

- **Enteral Nutrition Troubleshooting**

- **The blocked tube**

- Dr Galya Chinnery, Anna-Lena du Toit

- **Abdominal distention and IAH**

- Logesh Govender

- **Vomiting and Diarrhoea**

- Tracy Ugarchund

Optimizing Enteral Nutrition Delivery

– Engela Francis

Practical Aspects of Parenteral Nutrition Support

Wednesday 28 August 2019

Parenteral Nutrition Access Routes

– Dr Matthew Gibbs

Handling and changing of parenteral nutrition

– TBC

Interactive case study

– Tracy Ugarchund, Lindie Mosehuus



Organ support in ICU 101

Thursday 29 August 2019

The in's and out's of ECMO

– Dr David Thomson

Dialysis: Rates, modes and everything else

– Dr Jenna Piercy

Just Breath. Ventilation, what the allied health professional should know

– Prof Ivan Joubert



SASPEN Program Topics

- Individualizing ICU nutrition. Can we do this?
- Glutamine, is it really toxic?
- What is the consensus on Parenteral micronutrient provision?
- ESPGHAN Guidelines
- ESPEN guidelines, putting paper into practice
- Energy requirements in the ICU. Why we are usually wrong?
- Nutrition in the post-ICU recovery phase
- Is indirect calorimetry the answer?
- Nutrition support in the first week of ICU
- Nutrition support in chronic critical illness

SASPEN PM Ward Round Club International Edition 29 August 2019

Presented by Emma Ridley (Australia)

