

CCSSA Congress 2015 in conjunction with SASPEN

Adventures in Critical Care



On behalf of the **Critical Care Society of Southern Africa** (both adult and paediatric) and the **South African Society for Parenteral and Enteral Nutrition**, we invite you to join us for our annual congress with the theme “Adventures in Critical Care”.

Critical Care is a relatively new speciality that functions at the cutting edge of medical practice. As such, innovation based upon a sound understanding of the physiological principles that underpin our speciality, is the hallmark of the intensivist. We are the medical adventurers who along with the critical care nurses and our colleagues in the various other specialities with whom we work, make heroic efforts to save the lives of those we treat. Each patient and illness is an adventure, the equivalent of an Everest, or an arctic exploration, sometimes culminating in tragedy but far more often in success. When we fail, the impact is significant both on us and even more so on the families and loved ones of our patients. But despite these failures we never give up in our attempt to promote the well-being of our patients and their families, continuing to explore new therapies and their application such that we can defeat the specter of untimely death.

To develop this theme we have an exciting faculty that will outline the strides that have been made in the last few years, each providing an insight into their specific fields of adventure. We have Rinaldo Bellomo from Australia who will address inter alia such topics as the BLING trial - a multicentre randomised trial comparing efficacy of continuous vs. intermittent antibiotics and the ARISE study a multicentre international RCT comparing early goal directed therapy with usual care in the treatment of septic shock; Stephen Lapinsky from Canada- Critical Care in the Obstetric patient and aspects of mechanical ventilation; John Myburgh from Australia - Resuscitation fluids and pharmacological support of the failing circulation; Gavin Joynt- from Hong Kong- should we go to work in the event of a pandemic and aspects of ventilator dyssynchrony; Mette Berger from Switzerland and Olle Ljunqvist from Sweden who will address topics such as- ERAS, which micronutrients we should administer and how much, early vs late feeding and the place of glutamine; Pratik Pandharipande from the USA- Determinants of delirium in critically ill patients and what influences outcome; and of course our excellent local faculty from around the country will complement the international faculty with their vast knowledge and expertise specific to our local circumstances and beyond.

Join us for the adventure!

Professor Guy Richards - Congress Chair

[More information about this event...](#)